Services

- Non Invasive Cardiology
  - Stress Test
  - Stress contrast Echo
  - 2 D-Echo
  - Holter Monitoring
  - Ambulatory BP monitoring
  - Dobutamine Stress Echo
  - Transesophageal Echo

- Invasive Cardiology
- Heart rhythm abnormalities
- Cardiac surgery
- Preventive cardiology

Facility

- Dedicated Siemens Artis Zee Cath Lab
- Modular Cardiac Operation Theatre
- HDU Dedicated High Dependency Unit
- Dedicated Radial lounge
- Heart Lung Machine
- Dedicated Surgical ICU

Team

- Dr Narayan Gadkar
  Chief Interventional Cardiologist
- Dr. Shantesh Kaushik
  Cardiovascular & Cardiothoracic Surgeon
- Dr Rishikesh Shah
  Cardiologist
- Dr. Ameya Udyavar
  MD Electrophysiology
- Dr Milind Phadke
  Paediatric Cardiologist
- Dr. Sameer Mande
  Cardiac Anaesthetist
Services

- 24 hour trauma and fracture care
- Primary and revision knee & hip replacement surgery
- Bi-lateral One Stage Total Knee Replacement
- Comprehensive care for all spinal problems
  - Non-operative treatment
  - Pain injections
  - Minimally invasive spine surgery
  - Major reconstructive spinal surgery
- Complex hand reconstructive surgery
- Arthroscopy for knee and shoulder problems
- Rheumatology

Facility

- Dedicated Orthopaedic Modular Operation Theatres
- C-Arm Image intensifier
- Patient customized instrumentation
- Stryker System 8 pneumatic drill
- LEICA operating microscope
- Casualty & Trauma care centre

Team

Dr. Hemant Patankar  
Hand Surgeon

Dr. Gautam Zaveri  
Spine Surgeon

Dr. Rakesh Nair  
Knee Replacement Surgeon

Dr. Himanshu Bendrey  
Fractures & General Orthopaedics
Zen
Digestive Disease Centre

Services
• Advanced Laparoscopic Surgery
• ERCP & Therapeutic Endoscopy
• Endoscopic ultrasound (EUS)
• HPB Surgery
• Cancer Surgery
• Percutaneous trans-hepatic biliary stenting / GI Angiography
• Narrow band imaging
• Argon Plasma Coagulation

Dedicated GI Motility Lab
• 24 hour pH studies
• Esophageal & Rectal Manometry
• Biofeedback treatment

Facility
• Dedicated Modular Operation Theatre
• Chromoendoscopy
• Harmonic / Ligasure / Enseal Thunder beat system
• Olympus 3D system (only system in Mumbai)

Team

Dr. Roy V. Patankar
G.I. & Minimal Access Surgery

Dr. S. K. Mathur
GI & HPB Surgery

Dr. Madhuri Gore
General Surgery

Dr. Nilesh Doctor
HPB Surgery

Dr. Amol Bapaye
Interventional EVS & Pancreatic Endoscopy

Dr. Abhay Upasani
Manometry & GI physiology

Dr. Tanveer Majid
Onco-surgeon

Dr. Mukta Bapat
Therapeutic Endoscopy

Dr. Meghraj Ingle
Therapeutic Endoscopy

Dr. Sachin Wani
GI & HPB Surgery

Dr. Sandeep Davavala
Therapeutic Endoscopy
Zen Obstetrics Centre

Services

24/7 maternity services with well-appointed Labour Room & OT
• Specialist Obstetrician services & consulting clinics
• High risk Pregnancy Centre
  - Multiple Pregnancy,
  - Premature / low birth weight babies
  - Pregnancy with medical disorders -
  - Diabetes. Hypertension, Endocrine disorder
  - IVF Pregnancy
• Recurrent miscarriage management
• Prenatal assessment
• Pregnancy care program
• Vaginal Delivery
• Painless Labour
• Caesarean section (LSCS)
• Management of Obstetric Complications

Facility

• Labour Room
• Normal Delivery
• Modular OT for LSCS
• NICU

Team

Dr. Devrajan
Gynecologist / Obstetrician

Dr. Rohini Patankar
Gynecologist / Obstetrician

Dr. Prasad Mahadevan
Gynecologist / Obstetrician

Dr. Lata Dandekar
Gynecologist / Obstetrician

Dr. Gouri Gore
Gynecologist / Obstetrician

Dr. Dimple Chudgar
Gynecologist / Obstetrician

Dr. Bharathy Rajesh
Gynecologist / Obstetrician
Services - OPD

- Routine ENT Consultation
- Endoscopic Assessment of Ear problems
- Endoscopic assessment of Nose & Sinus problems
- Video Laryngoscopy evaluation of Voice Problems
- Assessment of Neck swelling
- Screening & evaluation of Head, Neck & Mouth cancer
- Audiology Services
- Hearing Aid trial & fitting
- Voice assessment & analysis
- Speech Therapy

Services - IPD

- Routine ENT Surgeries
- Microscopic Ear Surgery
- Endoscopic Nasal & Skull base surgery
- Head & neck cancer surgery
- Endoscopic voice surgery
- Thyroid & parotid gland Surgery
- Airway reconstruction surgery

Team

Dr. Dyanesh Narurkar
MS. (ENT) DORL

Dr. Renuka Bradoo
MS. (ENT) DORL

Dr. Shalaka Dighe
MS, DNB (ENT), DORL

Dr. Kshitij Shah
MS, DNB (ENT), DORL
Zen
Department of Respiratory Medicine and Interventional Pulmonology

Services
• Speciality Consultation
• Sleep Disorder evaluation
• Pulmonary Rehabilitation
• Interstitial lung Disease evaluation
• Bronchoscopy Services
• Lung Function tests
• Six Minute Walk Test
• Speciality Clinics
  - Interstitial Lung disease clinic
  - Smoking cessation clinic

Facility
• Advanced Pulmonary Function Test Lab
• Video Bronchoscopy
• Polysomnography (Sleep Study)

Dr. Arvind H. Kate
MD [Chest Medicine] FCCP [USA]
Associate Member, RCP [London]
Consultant Chest Physician
and Bronchoscopist
Zen Critical Care

Dedicated 13 bed Medical ICU
Dedicated 4 bed Surgical ICU
Dedicated 4 bed HDU
Dedicated 7 bed neonatal NICU
Advance Clean air technology

Technology & equipment
• Full Time Intensivist
• Hi-tech versatile Ventilators
• Cardiac Monitors
• Central monitor
• IABP (Intra-Aortic Balloon pump)
• Isolation Bed
• Bed side dialysis machine
• 1:1 Nurse ratio
• Robust Infection Control Protocol
Zen Operation Theatre Complex

- Hermetically Sealed Door
- Stainless Steel Antibacterial Wall Panels
- Antibacterial & antistatic vinyl flooring
- AHU: Advanced Air Handling Unit with Plasma Cloud
- Plenum Unit (Laminar Air Flow)
- HEPA Filters
- Surgeon Control Panel Display
- Surgical & Anaesthesia Ceiling Pendants
- LED Operating lights - Dr. Mach Germany
- Operating Table - Trident Taiwan
- Olympus Touch screen operated panel (First in India)
- 3D Laparoscopic Operating camera

Equipment & Technology
- 30 watts Laser Machine
- Olympus 3D processor & mixer
- High-end C-Arm
- Dedicated Fibre-Optic live relay to auditorium
- OT recording system
- Advanced Multipara monitors
- Medical gas system
- Harmonic / Ligasure / Enseal Thunder beat system
Zen
Neonatal ICU

Services

• One Stop Solution to all healthcare needs of babies
• Level III Neonatal ICU
• Management of premature /low birth weight babies
• 24x7 well qualified paediatric team
• Comprehensive OPD services
• Breathing and other respiratory disorders
• Congenital malformations
• Gastrointestinal disorders
• Heart diseases
• Hematologic disorders
• Infections
• Inherited metabolic disorders
• Medical Genetics
• Neurologic problems
• Pulmonology

Facility & Technology

• Dedicated 7 bed NICU
• Warmers/Phototherapy
• Ventilators
• Multipara monitors
• CPAP
• Syringe Pump
• B. E. R. A.

Team

Dr. Kavita Gohil
MD Pediatrics, DNB

Dr. Atish Laddad
MD Pediatrics

Dr. Rohit Narvekar
MD Pediatrics
Automated transportation solutions for Speed & Reliability.

The Pneumatic tube system propels cylindrical containers through network of tubes by compressed (Pressure) air or by partial vacuum (Suction) in the entire Hospital facility.

- Propels Cylindrical Containers
- Cylindrical container diameter: 30cm
- Produces speed of 6 to 8 mtr. per second
- Creates a pressure of 180 bars & Air Volume is 8cum/min
- Carrying capacity from 0.1 gm to 28kgs
AHU for OT & ICU

- Air exchanges In Operation Theatre
  Fresh Air Positive Pressure Unit = 60 Air Changes /hr
- Air exchanges In ICU
  30 Air changes /Hr
- Total Air Changes Velocity
  0.45 M/Sec
- All adjacent rooms are on Negative Pressure
- Temperature
  20 +/- 3° Inside Operation Theatre
- Have Variable Frequency Drive
- Humidity Range
  Between 30% to 60%
- Hepafilter
  0.3 microns in Operation Theatre
- Magnetic Differential Pressure Guage
  Provides Hepa Filter Working Status

8 Stage Air filtering System

1. Air Filter
2. Heat Wheel
3. Filter
4. Cooling Coil
5. 15watts UV Light
6. Plasma Cloud
7. Steam humidification
8. Plenum with 0.3 Micron Filter
9. Raiser with 6watts UV Light
Delta Imaging Centre
Complete Imaging Solutions

- Latest 1.5 Tesla creator MRI (GE) with State-of-the-art applications
  - Advanced neuroimaging with DTI, spectroscopy and perfusion
  - Body imaging with multiphasic liver study and diffusion MRI
  - Non-contrast whole body angiography
  - Robust musculoskeletal and spine imaging

- 32 Slice multidetector CT (GE) with
  - Short scan times
  - Neuro-DSA software
  - Low radiation dose
  - Fast post-processing

- Comprehensive Ultrasound and Doppler imaging (Philips) with whole body elastography and liver ARFI scan

- Digital radiography with procedures
- Mammography
- Dexa
- Diagnostic and therapeutic interventions

Team

Dr. Vimal Someshwar
Interventional Radiologist

Dr. Ritesh Kamat
Radiologist

Dr. Vipul Chemburkar
Radiologist

Dr. Ravi Thapar
Radiologist

Dr. Radhika Thapar
Radiologist
Zen
Department of Urology

Services

• Laparoscopic Urology - (Key Hole Surgery)
• Uro Oncology - Surgery for prostate, renal and bladder cancers
• Nephron Sparing Surgery - Lap Partial Nephrectomy
• Laparoscopic Radical Prostatectomy
• Stone Surgery - PCNL/URS/RIRS/ESWL
• Female Urology
• Pediatric Urology
• Reconstructive Urology

Facility

• TURIS Plasma Vaporisation, Bipolar Resection and Enucleation For Prostate and Bladder Tumors
• Holmium Laser - For Stones - Laser Lithotripsy
• RIRS - Retrograde Intra Renal Surgery
• Flexible UreteroPyeloscopy
• Mini Perc – Percutaneous Nephrolithotripsy - Tubeless
• Small 4.5 Fr Ureterorenoscope - Semirigid Ureteroscopy with Laser Tie Up with Star Lithotripsy Clinic
• ESWL - Extracorporeal Shock Wave Lithotripsy
• Urodynamic Lab - For Urinary Incontinence and Bladder dysfunction

Team

Dr. Anil Bradoo
Urologist

Dr. Santosh Palkar
Urologist

Dr. Amit Patel
Urologist
Zen Department of Ophthalmology

Services

• Advanced Micro Phaco cataract surgery
• Diabetic full spectrum diagnostics, laser & therapy
• Vitrectomy Micro incision 23G for Diabetes, retinal disease
• Squint surgery Minimally invasive
• Oculoplastic surgery
• Glaucoma complete diagnostics, laser & surgery

Facility

• Alcon Centurion Phaco, with OZIL & FMS
• Moller Hi R Microscope with EIBOS Retinal viewing system
• Green laser,
• YAG Laser
• FFA
• Topcon Maestro 3D OCT

Dr. Donald Lobo
MS, DOMS,
Fellow Vitreoretinal Surgery
Zen
Department of Neurology

Services

• Neurology
  - Management of Headache & Migraines
  - Neuromuscular Disorders
  - Demylation
  - Dedicated Stroke management unit
  - Epilepsy
  - Parkinson’s Disease
  - Alzheimer’s
  - Movement disorders

• Neuro Surgery
  - Skull base Surgeries
  - Aneurysm
  - Head Injuries
  - Spinal & Spinal cord Surgeries
  - Hydrocephalus
  - Epilepsy Surgery
  - Craniofacial surgeries

Facility

• EEG - Electroencephalogram
• EMG – Electromyography
• NCV – Nerve conduction velocity
• Dedicated Modern Modular Operation Theatre.
• In-house 1.5 tesla MRI & 32 slice CT Scan
• 20 bed high end ICU with Clean air technology
• Dedicated full time Intensivist.
• LEICA Operating Microscope

Team

Dr. Ramesh Patankar
Neurologist

Dr. Shekar Patil
Neurologist

Dr. Batuk Diyora
Neurologist

Dr. Ashok Hande
Neurologist
Services

• 24 hours anaesthesia and Critical Care
• Labour Analgesia
• Post-operative analgesia
• Pain Management (Acute & Chronic)

Facility

• Anaesthesia Pendants
• GE anaesthesia work station with ventilator
• Advanced monitors with ETCO2 and medical gas monitoring
• Central medical gas system

Team

Dr. Pramod Kale
Chief Anaesthetist

Dr. Vikas Nair
MD, DA Anaesthesia

Dr. Pavitra Iyer
DA, Anaesthesia
Zen
Department of Bariatric & Metabolic Surgery

Services
• Laparoscopic Sleeve Gastrectomy
• Gastric Bypass
• Mini Gastric Bypass
• Gastric Band
• Ileal Interposition Surgery

Facility
• Mini Lap Surgery
• Adolescent Bariatric Surgery
• Metabolic Surgery
• Revisional Surgeries
• Mumbai’s only 3D Bariatric Surgery Center

Team
Dr. Ramen Goel
MS, FICS, FIAGES, FALS
First Surgeon of Excellence in Bariatric & Metabolic Surgery in Asia - By Surgical Review Corporation, USA.
World standards - single use Dialysis tubing
1. Zero risk of cross infection
2. Highest efficiency of toxin clearance
3. Eliminates chemical exposure to blood

Services
• Hemodialysis, Hemofiltration, Ultrafiltration protocols
• Nocturnal Dialysis
• Plasmapheresis
• Slow continuous dialysis protocols for intensive care
• Cytokine immunoadsorption
• Peritoneal Dialysis: Catheter implants, training & management

Facility
• Hemodialysis Machines
  - Computer connectivity for online clinical data management.
  - Precise volumetric control to ensure patient safety.
  - Automatic blood pressure monitoring systems.
  - Online clearance monitoring systems to monitor dialysis efficiency.
  - Citrothermal disinfection.
  - Online endotoxin dialysate filter to ensure ultrapure dialysate.
• Water Treatment system
  - Efficient pretreatment devices include Multimedia filter, Activated carbon filter and Softener.
  - Standard specification in compliance with American Association for Medical instrumentation (AAMI) standards.
  - RO systems with Dow membranes equipped with fouling resistance to improve performance.
  - Completely automated RO operations.
  - Stainless steel body.
  - Water distribution loop made up of PEX piping
  - Post RO UV and Micron filtration to ensure microbial purity of water.
  - Ozonation for loop line disinfection
• Monitoring
  - Online recording and monitoring of all clinical and dialysis data
• Dialysis professionals
  - Qualified, experienced and dedicated
Services

• Comprehensive hearing & Speech evaluation, treatment and rehabilitation services.
• Multidisciplinary approach of ENT specialist & professionally qualified audiologist and Speech therapist.
• Our mission to provide excellence in speech and hearing healthcare from infancy to adulthood.
• Advanced Computerised Hearing tests.
• Medical treatment of conductive hearing loss.
• Surgical treatment of hearing loss.
• Hearing aids of all leading brands.
• Hearing aids to suit all budgets & lifestyles with easy EMI options.

Facility

• Video Otoscopic ear examination
• Adult & Paediatric Audiometry
• Impedance Audiometry.
• Newborn Hearing screening
• BERA/ASSR- to obtain the status of auditory system of the child.
• Digital Hearing Aid Trial & Fitting
• Tinnitus/ Vertigo management
• Musicians & Swimmers custom Earplugs
• Speech Therapy
• New born Hearing Screening
• Cochlear Implant Program
Services

- Chemotherapy & Biological therapy for Adult & Paediatric patients
- Hormone Therapy
- Precession Oncology & care
- Bone marrow aspiration & biopsy
- Intrathecal chemotherapy
- Modern chemotherapy delivery system
- PICC & Hickmen Catheter insertion & care
- Chemotherapy port insertion & care
- Barrier nursing
- Cancer Genetic Clinic
- Facilities for isolation of patients with reserve barrier nursing

Facility

- Special Day Care Chemotherapy Centre
- Central Chemotherapy preparation area (Laminar Air flow hood)
- Specially designed modular operation theatre
- High end Intensive care unit
- Cancer Genetic Counsellor

Team

Dr. R. Gopal
Medical Oncologist

Dr. Adwaita Gore
Medical Oncologist

Dr. Nilesh Lokeshwar
Medical Oncologist
Zen
Department of Plastic & Cosmetic Surgery

Services
• Replantation Surgery
• Skin Cover
• Wound management
• Cancer reconstructive surgeries
• Cosmetic Surgery
• Abdominoplasty (Tummy Tuck)
• Face Lifts
• Breast Augmentation
• Reduction Gynecomastia
• Rhinoplasty (Nose Job)
• Hair transplantation

Facility
• Ultra-Modern Modular Operation Theatre with clean air technology
• Dedicated isolation room
• Advanced ICU with clean air technology
• Full time Post Graduate Surgeon & Intensivist
• LEICA operating Microscope
• Microsurgery

Team

Dr. Sitaram Prasad
Plastic Surgeon

Dr. Vinod Vij
Plastic Surgeon
Our Strengths

- World class fully automated equipments
- Most recent advanced technology
- Well trained and skilled lab technologists
- Highly qualified, experienced, dedicated medical specialists

Our Policy

- Uniform and crisp QUALITY CONTROL SYSTEM formulated as per ISO 15189 and NABL 112 standards, assuring quality at every step of the lab processing.

Our commitment

- To provide excellent diagnostic services to all our customers with the hallmarks of
  a. Accuracy
  b. Timeliness
  c. Information
  d. Perfection

Facilities

We can also give info of the customer friendly facilities that we are providing

- Home visits
- Home delivery of reports
- Reports on Email and Website
- Customer care toll free number for any queries, booking visits
- Access to the pathologists for test related queries